



# उत्तर प्रदेश आयुर्विज्ञान विश्वविद्यालय

सैफई, इटावा (उ०प्र०) – 206 130

Uttar Pradesh University of Medical Sciences

Saifai, Etawah (U.P.) - 206 130

Letter No. 297 /990-CD/UPUMS/RC/2025-26

Date : 25 March, 2026

## NOTICE

It is hereby informed that a meeting of the Institutional Ethics Committee (IEC), UPUMS, will be held on 27.03.2026 at 10:00 AM in IQAC Hall No. 333, Second Floor, Administrative Building, to consider 34 Intramural Funded Research Projects (Faculty/PG(JR)/PG(Para-Med/UG(MBBS)/UG(Para-Med) requiring the grant of ethical clearance.

All members of the Institutional Ethics Committee are requested to kindly attend the meeting at the scheduled date and time.

Further, all concerned faculty members, PG(JR)/PG(Para-med)/UG(MBBS)/UG(Para-med) students are hereby requested to remain present, along with their respective Guide and Co-Guide, for the necessary preparation and power point presentation of their research proposals before the Committee.

This notice is issued with the approval of the Competent Authority.

**Enc:- List of proposals.**

(Dr. Kailash Kumar Mittal)  
Member Secretary  
Institutional Ethics Committee

### **Copy to following for information and necessary action:-**

1. Finance Officer, UPUMS – with the request to nominate concerned staff and complete necessary formalities for providing TA/DA and honorarium to committee members as per rules.
2. Dr. R. A. S. Kushwaha, MBBS, MD (Respiratory Medicine), King George's Medical University. (Chairman, IEC, UPUMS)
3. Dr. Usha Shukla, Professor & Head, Department of Anesthesia, UPUMS. Dean (Research)
4. Dr. Kailash Kumar Mittal, MBBS, MD (Radiation Oncology), UPUMS. (Member Secretary)
5. Dr. Rishi Pal Singh, Professor, Pharmacology, KGMU Lucknow. (Member Pharmacologist)
6. Dr. N.K. Sharma, Professor & Dean, BSDBRA CAET Etawah. (Member IEC)
7. Dr. Shailendra Sharma, PhD, CCS Degree College, Heonra, Etawah. (Member Philosopher)
8. Dr. Asha Pathak, MBBS, MD (Pharmacology), UPUMS. (Member Pharmacologist).
9. Dr. Vidya Sagar Ram, MBBS, MD (General Medicine), UPUMS. (Member Physicians)
10. Dr. Reena Sharma, MBBS, MD, DNB (Ophthalmology), UPUMS. (Member Clinician)
11. Dr. Sushil Kumar Shukla, MSc, PhD (Biostatistics), UPUMS. (Member Biostatician)
12. Dr. Savita Agarwal, Faculty In-Charge Research Cell & Officiating Asso. Dean (Research),(Member IEC)
13. Dr. Vivek Anand Ojha, Associate Professor, Biochemistry, UPUMS. (Member IEC)
14. Dr. Atul Mishra, Associate Professor, Radiation Oncology, UPUMS. (Scientific Member IEC)
15. Mr. Rohit Dwivedi, LLB, LL.M., Advocate. (Legal Expert)
16. Ms. Aaradhana Gupta, MA (Sociology), DHS, Social Worker. (Member Social Worker)
17. Ms. B.K. Nidhi, M.A. (Music Vocal). (Member Lay Person)
18. In-charge, C.A.C – with the request to nominate concerned staff for smooth conduct of the Zoom meeting.
19. In-charge, C.A.C – with the request to upload the notice on the University website.
20. In-charge, Para-medical Guest House: Requested to kindly arrange suitable accommodation for the Committee's Chairman, Dr. R. A. S. Kushwaha, along with his driver, and to make necessary arrangements for lunch and appropriate hospitality for the external committee members.
21. Principal Private Secretary to Hon'ble Vice-Chancellor – for kind information.
22. Private Secretary to Registrar – for information.
23. All concerned P.I./Research Scholars.

(Dr. Kailash Kumar Mittal)  
Member Secretary  
Institutional Ethics Committee

**List of Intramural Funded Projects for Power Point Presentation before I.E.C. on Dt. 27.03.2026**

Ag. No.	Name of PI/Research Scholar	Designation	Department	Title	Agenda/Thesis/Synopsi s/ Project No.	Mobile No.	E-mail
1	Dr. Kaustav Kundu	Asstt. Professor	Psychiatry	Sleep apnea in stroke Prevalence and exploring Associations (SAS-PEA)	IEC/13.1/2026	9068343332	kundukaustav999@gmail.com
2	Dr. Alka Yadav	Asstt. Professor	Pathology	To explore role of novel saliva-based biomarker miRNA 375 and 182 as liquid biopsy tool by Rt-PCR for Oral Cancer surveillance.	IEC/13.2/2026	9557877475	dr.alkayadav080989@gmail.com
3	Dr. Sanjay Kumar Kannaujia	Assoc. Professor	Pathology	Role of PCA3 in screening and diagnosing the case of prostate cancer and its Correlation with PSA and Histopathological examination: A Prospective cross-sectional Study in tertiary care centre.	IEC/13.3/2026	8887518392	sanjaykannaujia1@gmail.com
4	Dr. Sanjay Singh	Assistant Professor	PMR	Effect of Hyperbaric Oxygen Therapy on functional outcomes in Patients with Spinal Cord Injury: A randomized Clinical Trial.	IEC/13.4/2026	9450568564	sanjaisingh8888@gmail.com
5	Dr. Rashmi Bhujade	Assoc. Professor	Community Medicine	Serum Chemerin as a Diagnostic Bio-Marker for Metabolic Syndrome: A Cross-Sectional Study.	IEC/13.5/2026	9630759636	drbhujaderashmi@gmail.com
6	Dr. Amita Singh	Assistant Professor	Physiology	Iron Metabolism Dysregulation and Ferroptosis in the Pathogenesis of Chronic Obstructive Pulmonary Disease (COPD) : A Case Contgrol Study.	IEC/13.6/2026	9461008561	singhamita200@gmail.com
7	Dr. Raghvendra Singh	Associate Professor	Anaesthesiology	Impact of Functional and Conitive Outcomes in Neurosurgical ICU Patients: A Prospective, Randomized, Mulicentred, Observational Study.	IEC/13.7/2026	8077013462	dr.raghvendra_singh@yahoo.com
8	Dr. Himanshu Prince	Associate Professor	Anaesthesiology	Remifentanil vs. Fentanyl for Inflammatory modulation and enhanced recovery: Comparision of Postoperative Inflammatory Response in Laparoscopic Cholecystectomy: A randomized Controlled Trial (REFINE Trial)	IEC/13.8/2026	8630699891	drhprince@gmail.com
9	Dr. Ramesh Chand	Associate Professor	Pediatrics	To assess the diagnostic validity of Pro-adrenomedullin in neonatal sepsis: an analytial study .	IEC/13.9/2026	9149078272	maildrramesh@gmail.com
10	Dr. Ajay Kumar Rajput	Associate Professor	Orthopaedics	Effect of Osteoporosis on Early Osteoarthritis of the Knee joint in a Rural Population of Northern india.	IEC/13.10/2026	9582342414	dr.ajayrajput@gmail.com
11	Dr. Sushil Kumar Yadav	Associate Professor	General Medicine	Community-Based Screening and Glycemic Assessment for Early Detection of Prediabetes and Diabetes in Rural Population of Etawah District.	IEC/13.11/2026	9760159990	sushilyadavcvts@gmail.com
12	Dr. Vaibhav Anand	Asstt. Professor	Oral and Maxillofacial Surgery	Comparative analysis of outcome of balance nutrition in maxillofacial fracture patients undergoing inter maxillary fixation: A prospective study.	IEC/13.12/2026	8840376754	drvaibhav856@gmail.com

**List of Intramural Funded Projects for Power Point Presentation before I.E.C. on Dt. 27.03.2026**

Ag. No.	Name of PI/Research Scholar	Designation	Department	Principal Investigator/ Guide	Title	Agenda/Thesis/Synopsis/ Project No.	Mobile No.	E-mail
13	Dr. Sharif Ur Rahman Chowdhury.	Jr. Resident	Pathology	Dr. Himanshu R Joshi	Correlation of Cerebrospinal fluid Cytology with Central Nervous System Tumors: Diagnostic and Prognostic Implications.	IEC/13.13/2026	9612987664	sharif.chowdhury1999@gmail.com
14	Dr. Alok Kumar	Jr. Resident	Anatomy	Dr. Nityanand Srivastava	Assessment of perceived stress and wellness dimensions among postgraduate students.	IEC/13.14/2026	9634132605	aloky537@gmail.com
15	Dr. Nitesh Verma	Jr. Resident	Community Medicine	Dr. Sandip Kumar	Assessment of Alcohol use and Dependence among adults using CAGE, Audit and ICD-II Diagnostic Tool in District Etawah: A case Sectional Study.	IEC/13.15/2026	8299800318	niteshvermakgmu@gmail.com
16	Dr. Yamini Nagar	Jr. Resident	Community Medicine	Dr. Sandip Kumar	Impact of Air Quality on Stress, Anxiety, and Respiratory health Among Brick kiln Workers in District Etawah: A Cross Sectional analytical Study	IEC/13.16/2026	8887249414	yamininagar21@gmao.com
17	Dr. Ankita Gupta	Jr. Resident	Community Medicine	Dr. Vidya Rani	Prevalence of Postpartum Depression and anaemia and Their Association Among Women within Six Months after Delivery: A community Medicine	IEC/13.17/2026	7355281849	ankitabbk611gupta@gmail.com
18	Shivangi Rai	PG Student (Para-Med)	Physiotherapy	Dr. Neha Dubey	Correction of work related Psychosocial Factors and neurophysiological Indicators with cervical pain in Health Care Professionals.	IEC/13.18/2026	6394489230	gurujissrai@gmail.com
19	Divya Prakash	PG Student (Para-Med)	Physiotherapy	Dr. Gowrishankar Potturi	Effectiveness of Smartphone Based Postural Correction Feedback on Neck Pain and functional Disability in Office Workers: A Pilot Randomized Controlled Trial.	IEC/13.19/2026	7398372828	physiodivy@gmail.com
20	Sanjay Kumar Pal	PG Student (Para-Med)	Physiotherapy	Dr. Gowrishankar Potturi	Efficacy of App-Based Breathing & Relaxation Training on Anxiety & Sleep Quality Among Years adult: A Pilot Randomized controlled Trail.	IEC/13.20/2026	8707086383	palsanjay10797@gmail.com
21	Amit Kumar Yadav	PG Student (Para-Med)	Physiotherapy	Dr. Mayank Kumar(PT)	Effect of Tele Rehabilitation on Pain and Function in Knee Osteoarthritis Patient	IEC/13.21/2026	7844042727	amit.bhu100@gmail.com

Ag. No.	Name of PI/Research Scholar	Designation	Department	Principal Investigator/ Guide	Title	Agenda/Thesis/Synopsis/ Project No.	Mobile No.	E-mail
22	Akhya tiwari	PG Student (Para-Med)	Physiotherapy	Dr. Neha Dubey	Effectiveness of Integrating Posterior Tibial Nerve Stimulation with Pilates Versus Alone in Managing Stress and Weight through Biochemical and clinical Outcomes in Females with Polycystic Ovarian Syndrome: A Pilot Study.	IEC/13.22/2026	9548636680	akhyatiwari2@gmail.com
23	Pawan Kumar	PG Student (Para-Med)	Radiological & Imaging Techniques	Ms. Mamta Verma	Design and Evaluation of a Modified Support Device for Routine Knee Joint Radiography.	IEC/13.23/2026	8475034723	pawanyadav75020@gmail.com

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Ag. No.	Name of PI/Research Scholar	Designation	Department	Principal Investigator/ Guide	Title	Agenda/Thesis/Synopsis/ Project No.	Mobile No.	E-mail
24	Tanisha Agarwal	UG MBBS Student	Physiology	Dr. Amita Singh	Urban-Rural Differences in nutritional Anaemia Among School-Going Adolescent Girls: A Cross Sectional comparative Study.	IEC/13.24/2026	7017035396	tanishaag458@gmail.com
25	Alpana Singh	UG MBBS Student	Community Medicine	Dr. Gagandeep Kaur	Relationship between Menstrual Hygiene Practices and Anemia among female students in Saifai, Etawah: A cross Sectional Study.	IEC/13.25/2026	9682867745	alpanasinghappi73@gmail.com
26	Sweta Pal Dhangar	UG MBBS Student	Physiology	Dr. Kirti Jaiwal	Effect of different emotions on heart rate, blood pressure and oxygen saturation in healthy MBBS students.	IEC/13.26/2026	8449900198	seta41173@gmail.com
27	Bhavya Saxena	UG MBBS Student	Anatomy	Dr. Mamta Rani	Association of Anthropometric parameters with a smart phone uses among medical assistant.	IEC/13.27/2026	8604759533	bhavyasaxena050703@gmail.com
28	Aditya Agrahari	UG MBBS Student	Anatomy	Dr. Nisha Yadav	Study of skin fold thickness and its correlation with BMI and body fat distribution in rural adults: A cross sectional Study.	IEC/13.28/2026	8957031016	adityaagrahari204@gmail.com
29	Maryam Zahra	UG MBBS Student	E.N.T	Dr. Jitendra Pratap Singh Chauhan	Development and Validation of a Low-Cost Smartphone Otoscopy and AI-Based Triage System for Early Detection of Otitis Media in Primary Care Settings	IEC/13.29/2026	7900952648	zahramarriane506@gmail.com
30	Sadhika Goel	UG MBBS Student	Ophthalmology	Dr. Deepti Joshi	Efficacy and Safety of Topical Cyclosporine A 0.05% for Vernal Keratoconjunctivitis in Indian Children.	IEC/13.30/2026	6387563830	g.sadhika.feb01@gmail.com
31	Preeti Kumari	UG MBBS Student	Pathology	Dr. Himanshu Joshi	Deciphering Leukemic Burden through CBC-Derived Hematological Indices: A Multisubtype Prospective Study.	IEC/13.31/2026	9118619439	preetiksmc11@gmail.com
32	Anureet Dutta	UG MBBS Student	Psychiatry	Dr. Kaustav Kundu	Occupational Stress, Dysfunctional sleep beliefs, and sleep quality in Indian salespersons: A Mixed-Methods Study.	IEC/13.32/2026	7992104698	anureetdutta.official@gmail.com

<b>Ag. No.</b>	<b>Name of PI/Research Scholar</b>	<b>Designation</b>	<b>Department</b>	<b>Principal Investigator/ Guide</b>	<b>Title</b>	<b>Agenda/Thesis/Synopsis/ Project No.</b>	<b>Mobile No.</b>	<b>E-mail</b>
33	Sneha Yadav	UG Student (Para-Med)	Physiotherapy	Dr. Mayank Kumar(PT)	Effect of High Voltage Pulsed Galvanic Stimulation (HVPGS) on facial wrinkles.	IEC/13.33/2026	8957616488	snehayadav132303@gmail.com
34	Akanksha Pandey	UG Student (Para-Med)	Physiotherapy	Dr. Anjali Agarwal	Effectiveness of Home made Herbal Oil combined with structured massage for muscular Pain a Pilot Study.	IEC/13.34/2026	8853087950	up3479963@gmail.com

**List of Non-Funded Projects for Power Point Presentation before I.E.C. on Dt. 27.03.2026**

<b>Ag. No.</b>	<b>Name of PI/Research Scholar</b>	<b>Designation</b>	<b>Department</b>	<b>Title</b>	<b>Agenda/Thesis/Synopsi s/ Project No.</b>	<b>Mobile No.</b>	<b>E-mail</b>
35	Dr. Sanjeev Kumar Singh	Professor	Pathology	To Study the Association of P53 Immunoexpression with Molecular Subtypes of Breast Cancer in Rural Tertiary Care Centre	IEC/13.35/2026	8750667607	drsanjeev.rml@gmail.com
36	Dr. Sanjeev Kumar Singh	Professor	Pathology	To Study the concerns of medical professionals about implementation of Artificial Intelligence in Health Care in a Tertiary Care Centre	IEC/13.36/2026	8750667607	drsanjeev.rml@gmail.com

**List of MRU Projects for Power Point Presentation before I.E.C. on Dt. 27.03.2026**

<b>Ag. No.</b>	<b>Name of PI/Research Scholar</b>	<b>Designation</b>	<b>Department</b>	<b>Title</b>	<b>Agenda/Thesis/Synopsi s/ Project No.</b>	<b>Mobile No.</b>	<b>E-mail</b>
1	Dr. Rajesh Kumar Thakur	Professor and HOD	Dept of Periodontology	Effect of Vitamin D Application on Endosseous implant integration and Crestal Bone Level: A randomized Controlled Clinical Trials	IEC/13.37/2026	9997060666	dr.rkthakurperio@gmail.com
2	Dr. Kailash Kumar Mittal	Professor and HOD	Radiation Oncology	Exploring the Potential of microRNA-205 & microRNA-let-7a in Blood and Saliva as a Biomarker for Head and Neck Squamous Cell Carcinoma: A Pilot Study	IEC/13.38/2026	8279336269	drkkmittal@gmail.com
3	Dr. Prerna Kataria	Associate Professor	Dept of Periodontology	Evaluation of Effect of Vitamin D as an adjunct to scaling and root planning on Alveolar Bone in Periodontitis Patients by Assessing Vitamin D Binding Protein Concentration: A randomized Clinical Trials.	IEC/13.39/2026	9810120129	drprernakataria@gmail.com